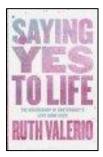
Lent Resources 2020

With Lent fast approaching (begins on February 26th), you may well be thinking about Lent courses or books to use as individuals or in groups. There are a whole host of resources available on the Eden website (www.eden.co.uk/lent-resources/books), but we've selected a few you may like to look at.

Archbishop of Canterbury's Lent Book:

Saying Yes to Life

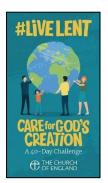
Ruth Valerio



Saying Yes to Life lifts our focus from every day (and perfectly natural) concerns to issues that are impacting millions of lives around the world. As people made in the image of God, we are entrusted to look after what God has made – to share in the joy and creativity of God in making a difference for good. Ruth Valerio imaginatively draws on the Days of Creation (Genesis 1 - 2.2) in relating themes of light, water, land, the seasons, other creatures, humankind, Sabbath rest and resurrection hope to matters of environmental, ethical and social concern.

Foundational to the book are what it means to be human and, in particular, to be a follower of Jesus during Lent. Voices from other continents are heard throughout, and each chapter ends with discussion questions, a prayer, and specially commissioned art to aid action and contemplation.

Live Lent



Live Lent: Care for God's Creation will help broaden your view of Christ's redeeming mission - a mission Christians are called to share.

With weekly themes and prayers shaped around the first Genesis account of creation, it explores the urgent need for humans to value and protect the abundance God has created.

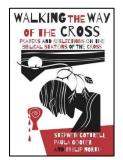
For each day of Lent it offers a Bible reading, a short reflection and an action to help you live in greater harmony with God, neighbour and nature.

#LiveLent: Care for God's Creation is the Church of England's Lent Campaign for 2020. It has been inspired and informed by the Archbishop of Canterbury's 2020 Lent Book, *Saying Yes to Life* by Ruth Valerio.

A full range of supporting resources for churches, groups and individuals - including an accompanying booklet for children - can be found via: www.churchofengland.org/livelent

Walking the Way of the Cross

Stephen Cottrell, Paula Gooder and Philip North



The Way of the Cross is a series of scripture-based devotions for personal or group use in Lent and Holy Week.

Similar in intent to the traditional Stations of the Cross, it focuses wholly on the biblical narrative of the passion, death and resurrection of Jesus.

This seasonal companion provides the sequence of fifteen meditations appears in full, including opening and concluding prayers.

Each is accompanied by three short reflections from different perspectives by three of today's very best spiritual writers:

- Paula Gooder offers reflections on the scriptural narratives;
- Stephen Cottrell considers the story from the perspective of personal discipleship;
- Philip North explores the story's challenge to mission and witness.